

Sport

Sports Coaching, Physical Education and Health Foundation Degree (Part-time)

In Brief

Start Date / Duration

This course starts in September 2025. You will study for 1-2 days per week. This course will take three years to complete.

Entry Requirements

All students will need to be 18 years of age or over and will complete a formal application and will be invited to attend an informal discussion interview to ensure that the course meets the applicant's needs and interests; this may be on the telephone or face-to-face. All applications are considered individually. You must be able to demonstrate a commitment to either coaching, physical education or the sports-related development sectors. You should be committed to their own personal, professional and academic development.

- You should have completed a suitable Level 3 qualification and be able to demonstrate an ability to work independently, in groups and be able to work with tutor support and guidance in both practical and academic settings.
- You will need GCSE English at grade C/grade 4 (or an alternative equivalent)

You will achieve

Sports Coaching, Physical Education and Health Foundation Degree.

- You without such formal applications are very much encouraged to apply, particularly from applicants who can demonstrate commitment and 'work-related' experience that is appropriate

As your course may involve you working with and delivering activities to a range of age groups, you may be required to undertake a satisfactory Disclosure and Barring Service check (DBS)

Course Overview

This pathway offers unique blend of flexible learning methods, strong employer relationships, practical learning and support structures for students. Some possible careers you may wish to progress into include PE (Physical Education) Teacher or Sports Lecturer, Public Health Officer, Sports Coaching or Health/Sport Business Owner. Individualised and regular work experience is an important part of the course and something which all students will be required to undertake. The course tutors and class sizes offer a more personalised learning and university experience.

Looking for flexibility?

Take control and shape your learning journey! Our hybrid-flexible learning modality – combining in-person and online learning puts the power of choice in your hands, tailored for adults to attain a degree qualification while maintaining work and other commitments. Enquire for further details!

Course Content

Classes will be made up of a mixture of lectures, taught and theory seminars and discussion groups as well as practical, reflection and private study. You will be required to work in whole and small group teams and independently. You will be required to plan, deliver and evaluate in a range of practical settings and environments as well as prepare for classes by research and reading as directed by teachers (otherwise known as directed activities).

You will be encouraged throughout the curriculum to be fully active in their skills-development and may well be involved in the wider work of the Sports Academy or sports development or coaching community. You will have the opportunity to work in local organisations and other relevant agencies where and if appropriate.

Modules:

- Fundamentals of High-Quality Sports Coaching.
- Physical Education, School Sport, and Physical Activity.
- Psychology for High Performance.
- Instructing Physical Activity and Exercise.

- Introduction to Academic Research Skills.
- Developing Innovative Skills for Industry.
- Innovative Sports Coaching Pedagogies.
- Physical Education and Curriculum Studies.
- Mental Health and Wellbeing.
- Practical and Innovative Research Skills.
- Enterprise, Entrepreneurship and Creativity.
- Outdoor Explorations for Health and Education (optional).
- Data Analytics in Health, Sport and Education (optional).

How will I be assessed?

Assessment will be varied and devised by teachers to best meet the needs of students and the course with most units assessed via coursework. Coursework assessments could take any form but are likely to include essay, reports, presentations, professional discussions, research, group activities as well as practical assessment, evaluation and reflection.

What Equipment Will I Need?

You will need writing materials, paper, pens and folders. Students will require suitable practical kit (including suitable indoor and outdoor footwear) as well as a whistle and clipboard for assessment activities. Students will require a reliable storage device (USB) and access to a computer and an internet connection at home would be an advantage. Students are advised to bring laptops, tablets or smart devices to support learning that takes place in lessons. Students will be required to purchase branded kit for practical, community coaching and teaching work.

Where will I study?

SciTech Digital Innovation Centre
Falcon Street
Barnsley
S70 2EY

What can I do next?

It is anticipated that some students may progress on to undertake sports-related degrees such as our BA (Hons) Top-Up Degree in Sport Coaching, Physical Education and Health and other similar qualifications, or to related employment. The skills developed through the course are transferable into a range of employment scenarios and students will be given support in aiding smooth progression.

How much does the course cost?

This course costs £3,995 per year.

Extra information

Join the Sports Village

We have a state-of-the-art fitness village, Honeywell Sports Village [<https://www.barnsley.ac.uk/shops-services/honeywell-sports-village/>] where students can make use of our fitness suite, spinning studio and classes for competitive rates.

Disability and Dyslexia Service (DDS) Higher Education

We offer a service to any student who has a diagnosis of anything persistent or long-term which might interfere with how they study and manage their day-to-day academic engagement. The service is flexible and shaped around the needs of each individual; it might be consistent support or intermittent support.

For further information please refer to our website. [<https://www.barnsley.ac.uk/higher-education/dds-at-higher-education/>]

HE Student Finance

As a Higher Education student living in England you may be eligible for the non-means tested Tuition Fee Loan from the Government. For further details go to: www.direct.gov.uk/studentfinance [<http://www.direct.gov.uk/studentfinance>]

You may also be eligible for a Maintenance Loan. See the Government website [<https://www.gov.uk/student-finance>] for up-to-date details.

Students with children or dependant adults may qualify for a Childcare Grant or Adult Dependents' Grant. Students can apply for these at the same time as applying for a Maintenance Loan.

Remember: Eligible students will not have to pay tuition fees in advance and can apply for the Maintenance Loan before they start the course.

Apply online at www.direct.gov.uk/studentfinance [<http://www.direct.gov.uk/studentfinance>]

Contact the Information Unit

For further information please contact our friendly Information Team on +44 (0)1226 216 123 or email info@barnsley.ac.uk [<mailto:info@barnsley.ac.uk>]

Want to join Barnsley Sports Academy and the Sports Village?

Barnsley College has a range of sports opportunities for all students to take part in, gain professional training and compete nationally and internationally. We also have a state-of-the-art fitness village, Honeywell Sports Village [<https://www.barnsley.ac.uk/shops-services/honeywell-sports-village/>] where students can make use of our fitness suite, spinning studio and classes for competitive rates. You don't have to be studying sport to get involved in the Sports Academy [<https://www.barnsley.ac.uk/barnsley-sports-academy/>].

Disclaimer

Please note we reserve the right to change details without notice. We apologise for any inconvenience this may cause.

Last updated: 24th June 2024

Want to apply?

Visit <https://www.barnsley.ac.uk/apply> to get started

Call us on **01226 216 123**