

Sport

Sport and Physical Activity: Coaching Pathway Level 3 Full-time

In Brief

Start Date / Duration

This course starts in September 2024 and will be completed in two years.

Entry Requirements

- You will require five GCSEs at grade 4 or above including GCSE English.
- Or Level 2 in Sport with a Merit/Distinction profile plus English at grade 4 or above.
- Other requirements – As your studies will involve you working with and coaching children, you will be required to undertake a Disclosure and Barring Service (DBS) check (formerly known as Criminal Record Bureau check).

You will achieve

NCFE Extended Diploma in Sport and Physical Activity

Course Overview

This course is ideal if you would like to pursue a career in the Sport and Active Leisure industry including Sport Development Officer, Sport Performer or Coach, PE Teacher or Working in the Health, Fitness and Exercise Industry as a Personal Trainer or Sports Therapist. The pathways cover the organisation and administration of sport, together with the planning and delivery of sports activities. The pathways will allow you to develop relevant skillsets to work within the Sport, Active Leisure and Health Industry through progression to University or employment in the sector.

Course Content

Teaching, Coaching and Leadership

Units include:

- Sports Coaching
- Analysis of Sports Performance
- Leadership in Sport

The units are designed for those interested in a career in Teaching or Coaching in Sport or the Active Leisure Industry. The course allows learners to develop a wide skillset including communication, confidence and knowledge to allow students to progress to University or into employment.

In their second year, students will continue to specialise in a range of units that develop knowledge and skillsets in Teaching, Coaching and Leadership. Transferrable skills will also be evident to support students with University and employment applications into a wide range of careers within the sporting sector.

Athlete Development Programme (ADP) – Barnsley Sports Academy

As part of studying a level 3 course, students are able to take part in wider curriculum opportunities including the Athlete Development Programme. The programme is available to individual sport and team sport student-athletes who choose to study any of our sports courses and is timetabled around your academic studies and sporting commitments. The programme includes six to eight hours of technical and tactical coaching, tactical workshops, performance analysis, strength and conditioning, physiotherapy, psychological profiling, nutrition programmes and weekly fixtures in the Association of Colleges competitions. The programme provides students with a unique and individualised experience that allows the development of knowledge, skills and behaviours to support progression onto a professional player development pathway.

How will I be assessed?

Assessment will occur continually throughout the programme. You will have unit assignments to complete and will be assessed on your practical ability. You will also have time-constrained assignments, as well as oral presentations. Each individual unit and the full award are graded at Pass, Merit or Distinction.

What Equipment Will I Need?

All Sport and Public Services students will be expected to wear a Barnsley Sports Academy (BSA) hooded top* and polo shirt*, along with dark tracksuit bottoms and sports trainers. During practical sessions, kit will consist of a Barnsley Sports Academy t-shirt*, dark shorts and sports trainers. Non-regulation clothing/footwear is not permitted. Students will also require ring-binders, writing materials, paper/stationery and core textbooks.

Barnsley Sports Academy clothing marked with an asterisk(*) can be purchased from the Sports Centre Reception.

Where will I study?

Honeywell Sports campus
Honeywell Lane
Barnsley
S75 1BP

What can I do next?

This qualification is designed to enable candidates to progress into Higher Education. Alternatively, you may wish to enter employment within the sports industry.

See what careers are available in the Sport [<https://www.barnsley.ac.uk/app/uploads/2023/10/Sport-careers-2023-24.pdf>] sector. Use our online careers tool, Career Coach [<https://barnsley.lightcastcc.com/?radius=®ion=Barnsley>] , to find out what your next steps could be.

How much does the course cost?

16 – 18 year olds

Full-time Barnsley College students aged 16-18 years old do not have to pay tuition fees.

Financial support

You may be eligible for assistance with expenses such as travel, books, equipment and childcare. For further information please contact the Student Services Team on +44 (0)1226 216 267.

Extra information

Contact the Information Unit

For further information please contact our friendly Information Team on +44 (0)1226 216 123 or email info@barnsley.ac.uk [<mailto:info@barnsley.ac.uk>]

Want to join Barnsley Sports Academy and the Sports Village?

Barnsley College has a range of sports opportunities for all students to take part in, gain professional training and compete nationally and internationally. We also have a state-of-the-art fitness village, Honeywell Sports Village [<https://www.barnsley.ac.uk/shops-services/honeywell-sports-village/>] where students can make use of our fitness suite, spinning studio and classes for competitive rates. You don't have to be studying sport to get involved in the Sports Academy [<https://www.barnsley.ac.uk/barnsley-sports-academy/>] .

Additional Learning Support

Our Additional Learning Support team can provide you with the support you need. Please contact them on +44 (0)1226 216 769.

Disclaimer

Please note we reserve the right to change details without notice. We apologise for any inconvenience this may cause.

Last updated: 5th June 2024

Want to apply?

Visit <https://www.barnsley.ac.uk/apply> to get started

Call us on **01226 216 123**