

Health, Science and Social Care Professions

Counselling Therapeutic Diploma Level 4 Part-time

In Brief

Start Date / Duration

This course will start in September 2025 and will run for two years. Days and times to be confirmed.

Entry Requirements

- Level 3 Qualification in Counselling
- English at Level 2
- Maths Level 2 is desirable; if you do not already meet this criteria you are encouraged to achieve this
- You will also need to successfully pass a Disclosure Barring Service Check (DBS)

You will achieve

ABC Level 4
Diploma in
Therapeutic
Counselling

Course Overview

This Level 4 Diploma in Therapeutic Counselling is appropriate for students that already hold a Level 3 counselling qualification. This is a two-year, part time course, delivered during the day. The blended delivery model will include both classroom and remote/online learning. This approach will support learners to develop confidence with a range of mediums – face to face and remote, enhance their digital skills and prepare them to function successfully in this enhanced digital world.

The course will encompass a substantive work placement; all learners will have the opportunity to apply theory in practice. Alongside this, they will also have the chance to network with practitioners, enhancing their employment opportunities following completion of the programme of study.

The course will develop the learners understanding of the essential relationship between counsellors, as professionals, as well as the organisations, and other people with which they may work. Learners will explore areas of potential conflict, especially through the existence of different ethical standards

and principles. They will also reflect on the importance of casework supervision and understand assessment and risk in relation to safeguarding in counselling.

Course Content

You will develop an understanding of the essential relationship between counsellors, as professionals, as well as the organisations and other people with which they may work. They will explore areas of potential conflict, especially through the existence of different ethical standards and principles. They will also reflect on the importance of casework supervision and understand assessment and risk in relation to safeguarding in counselling.

You will explore the impact that diverse culture and heritage can have on the client/ counsellor therapeutic relationship in a multicultural society. They will also examine power issues within the counselling process.

You will analyse one major therapeutic theory to influence, inform and empower their practice as a counsellor. They will also compare other therapeutic theories with the major theory

You will demonstrate a range of skills illustrating their development as practitioners. In addition, they will learn that counselling is a managed activity, with emphasis given to the importance of opening and closing a series of sessions.

You to increase self-awareness by analysing and evaluating the impact that their own counselling philosophy, counselling theory and practice has on self and relationships.

You will explore the importance of research in counselling. They will develop their research skills and will learn how to present findings.

You will complete this unit linked to supervised counselling placement practice. They will analyse how their theoretical approach has influenced their practice, and evaluate learning gained from supervision.

How will I be assessed?

The learners are exposed to a range of assessment methods. These are designed to support and enhance their knowledge, skills and behaviours- these assessment methods are aligned to best practice and follow those suggested by the awarding body.

What Equipment Will I Need?

You will need access to a computer. Reading lists are provided throughout the academic years to support with your studies.

Where will I study?

Old Mill Lane campus
Church Street
Barnsley
S70 2AX

What can I do next?

Students that complete the ABC Level 4 Diploma in Therapeutic Counselling may progress onto Postgraduate and Post Qualifying courses in counselling studies that are designed to enhance the practice, skills and knowledge of a practising counsellor.

How much does the course cost?

Course fees: are £1,112.50 per year.

Extra information

Advanced Learner Loans

This course may be eligible for an Advanced Learner Loan.

For eligibility information and details about how to apply, visit the Advanced Learner Loan page. Or contact our Information Team by calling 01226 216 123 or emailing: info@barnsley.ac.uk [mailto:info@barnsley.ac.uk]

Full Fee Payable

If the course is listed as full fee payable, you will have to pay for the course.

Contact the Information Unit

For further information please contact our friendly Information Team on +44 (0)1226 216 123 or email info@barnsley.ac.uk [mailto:info@barnsley.ac.uk]

Disclaimer

Please note we reserve the right to change details without notice. We apologise for any inconvenience this may cause.

Last updated: 30th October 2024

Want to apply?

Visit <https://www.barnsley.ac.uk/apply> to get started

Call us on **01226 216 123**